



May Breakfast & Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Breakfast Burrito, Apple or Banana	4 Yogurt & Granola, Apple or Orange	5 French Toast w/ Butter & Syrup, Banana or Orange	6 Corn Muffin, Yogurt Orange or Apple	7 Whole Wheat Bagel w/Cream Cheese, Banana or Apple
Cheese Quesadilla w/ Salsa Sour Cream, Baby Carrots Apples	Chicken Taco, Refried Beans Brown Rice Watermelon	Macaroni and Cheese Jicama, Apple or Orange	Turkey Sandwich w/ Lettuce, Tomato Tossed Salad Banana	Union Hotel Cheese Pizza, Spinach Salad, Apples or Oranges
10 Breakfast Burrito, Apple or Banana	11 Yogurt & Granola, Apple or Orange	12 French Toast w/ Butter & Syrup, Banana or Orange	13 Blueberry Muffin, Hard Boiled Egg Apple or Banana	14 Whole Wheat Bagel w/Cream Cheese, Orange or Banana
Bean & Cheese Burrito, [Salsa, Sour Cream], Brown Rice, Apple	Bean and Cheese Burrito Salsa, Sour Cream Brown Rice, Apple	Pesto Pasta, Cottage Cheese, Carrot Sticks, Orange	Loaded Baked Potato Cornbread Watermelon	Union Hotel Cheese Pizza, Tossed Salad, Apples or Oranges
17 Breakfast Burrito Apple or Banana	18 Yogurt & Granola, Apple or Orange	19 Whole Wheat Pancakes w/Butter & Syrup, Banana or Raisins	20 Chocolate Chip Muffin, Cheese Stick, Watermelon or Apple	21 Whole Wheat Bagel w/Cream Cheese, Banana or Orange
Turkey Sandwich w/ Lettuce, Tomato Carrot, Watermelon	Carnitas Taco Salsa, Sour Cream Brown Rice, Mexican Cole Slaw, Banana	Spaghetti with Marinara Peas, Cheese Stick Apple	Yogurt & Granola, Home Froes Strawberries	Union Hotel Cheese Pizza, Tossed Salad, Apples or Oranges
24 Breakfast Burrito Apple or Banana	25 Yogurt & Granola, Apple or Orange	26 French Toast w/ Butter & Syrup, Banana or Orange	27 Strawberry Muffin, HB Egg, Apple or Banana	28 Whole Wheat Bagel w/Cream Cheese, HB Egg, Orange or Apple
Chef Salad Brown Rice Watermelon	Taco Salad Tortilla Chips Banana	Chicken LoMein, Garden Beets, Apples	Nachos w/ Beans and Cheese Side Salad, Orange	Union Hotel Cheese Pizza, Kale Salad, Apples
31 MEMORIAL DAY 				
NO SCHOOL				

June Breakfast & Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Yogurt & Granola, Apple or Orange	2 Whole Wheat Pancakes w/Butter & Syrup, Banana or Raisins	LAST DAY OF SCHOOL 3 Chocolate Chip Muffin, Cheese Stick, Watermelon or Apple	4 STAFF WORK DAY
	Shredded Chicken Taco, Brown Rice, Pinto Beans, Banana	STUDENT APPRECIATION DAY Hamburger, Turkey Hot Dog or Veggie Burger, Tossed Salad, Coleslaw, Chips, Watermelon	Pesto Pasta Cottage Cheese Carrot Sticks, Apple	
7	8	9	10	11
			HAVE A GREAT SUMMER!!!!	

If you have any questions, please email ajacobs@harmonyusd.org

All servings meet the government daily portion requirements • HUSD is an equal opportunity provider

Amanda Jacobs, Head of Cafeteria & Nutrition Program

Produce harvested fresh from the garden are utilized in this month's menu

Menu is subject to change due to availability of items

THE FIRST DAY OF SCHOOL IS:

Monday, August 16th, 2021