

## August 2025 | Harmony Elementary | [Breakfast Menu](#) | 2025/2026 K-8

### Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	31	1
4	5	6	7	8
11	12	13	14 Week 1 Thursday <b>MAIN ENTREE</b> Oatmeal Cinnamon Chex <b>FRUIT</b> Orange, sliced, 1/2 cup serving Apple, 1/2 cup	15 Week 1 Friday <b>MAIN ENTREE</b> Cinnamon Chex Whole wheat pancakes, housemade <b>FRUIT</b> Banana

				Apple, 1/2 cup
<b>18</b> Week 2 Monday <b>MAIN ENTREE</b> Cinnamon Chex Croissant and egg sandwich <b>FRUIT</b> Apple, 1/2 cup Orange, sliced, 1/2 cup serving	<b>19</b> Week 2 Tuesday <b>MAIN ENTREE</b> Whole wheat sprouted bagel Cinnamon Chex <b>FRUIT</b> Banana Apple, 1/2 cup	<b>20</b> Week 2 Wednesday <b>MAIN ENTREE</b> Cinnamon Chex Yogurt and granola <b>FRUIT</b> Banana Orange, 1 cup	<b>21</b> Week 1 Thursday <b>MAIN ENTREE</b> Oatmeal Cinnamon Chex <b>FRUIT</b> Orange, sliced, 1/2 cup serving Apple	<b>22</b> Week 1 Friday <b>MAIN ENTREE</b> Cinnamon Chex Whole wheat pancakes, housemade <b>FRUIT</b> Banana Apple, 1/2 cup
<b>25</b> Week 2 Monday <b>MAIN ENTREE</b> Cinnamon Chex <b>MEAT/MEAT ALTERNATIVE</b> Hard boiled egg <b>GRAIN</b>	<b>26</b> Week 2 Tuesday <b>MAIN ENTREE</b> Whole wheat sprouted bagel Cinnamon Chex <b>FRUIT</b> Banana Apple, 1/2 cup	<b>27</b> Week 2 Wednesday <b>MAIN ENTREE</b> Cinnamon Chex Orange dreamsicle smoothie and toast <b>FRUIT</b>	<b>28</b> Week 1 Thursday <b>MAIN ENTREE</b> Oatmeal Cinnamon Chex <b>FRUIT</b> Orange, sliced, 1/2 cup serving Apple, 1/2 cup	<b>29</b> Week 1 Friday <b>MAIN ENTREE</b> Muffin, blueberry, housemade Cinnamon Chex <b>FRUIT</b> Banana

Toast, whole wheat, Alvarado Street		Banana  Orange, sliced, 1/2 cup serving		Apple, 1/2 cup
<div>FRUIT</div> Apple, 1/2 cup  Orange, sliced, 1/2 cup serving				

Menu is subject to change. All meals served meet  
USDA requirements for reimbursable meals. 1% or  
nonfat milk available with each meal.

This institution is an equal opportunity provider.