



# April Breakfast & Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <div style="border: 2px solid #00a0e3; border-radius: 15px; padding: 10px; display: inline-block;"> <p><b>Choice of: 1% Low fat or Chocolate Milk offered daily</b></p> </div> 			<b>1</b> Chocolate Chip Muffin, Yogurt, Orange	<b>2</b> Whole Wheat Bagel w/Cream Cheese, Apple
			Loaded Baked Potato, choice of Shredded Cheese, Cornbread, Apple	Union Hotel Cheese Pizza, Kale Salad, Orange
<b>5</b> Breakfast Burrito, Orange	<b>6</b> Yogurt & Granola, Apple	<b>7</b> Whole Wheat Pancakes w/Butter & Maple Syrup, Banana	<b>8</b> Blueberry Muffin, HB Egg, Apple	<b>9</b> Whole Wheat Bagel w/Cream Cheese, Apple
Cheese Quesadilla, w/Salsa & Sour Cream, Baby Carrots, Apple	Beef Taco, Refried Beans, Brown Rice, Banana	Mac N' Cheese, Corn, Apple	Caesar Salad, Brown Rice, HB Egg, Banana	Union Hotel Cheese Pizza, Steamed Broccoli, Apple
<b>12</b> Breakfast Burrito, Apple	<b>13</b> Yogurt & Granola, Apple	<b>14</b> French Toast w/Butter & Syrup, Banana	<b>15</b> Carrot-Raisin Muffin, Cheese Stick, Orange	<b>16</b> Whole Wheat Bagel w/Cream Cheese, Apple
Tuna Wrap, Celery Sticks, Raisins	Ground Chicken Tacos, Black Beans, Brown Rice, Apple	Pesto Pasta, Cheese Stick, Jicama, Orange	Tortilla Chips, Hummus, Dipping Veggies, Raisins	Union Hotel Cheese Pizza, Tossed Salad, Apple
<b>19</b> Breakfast Burrito, Orange	<b>20</b> Chocolate Chip Muffins, Yogurt, Apple	<b>21</b> Whole Wheat Pancakes w/Butter & Maple Syrup, Banana	<b>22</b> Chocolate Chip Muffin, Yogurt, Orange	<b>23</b> Whole Wheat Bagel w/Cream Cheese, Banana
BBQ Chicken, Whole Wheat Bread & Butter, Mashed Potatoes, Apple	Bean & Cheese Burrito, Brown Rice, Orange	Spaghetti w/Marinara, Peas, Raisins	Rainbow Veggie Wrap, Cheese Stick, Baby Carrots, Banana	Union Hotel Cheese Pizza, Kale Salad, Orange
<b>26</b> Breakfast Burrito, Orange	<b>27</b> Yogurt & Granola, Apple	<b>28</b> French Toast w/Butter & Syrup, Banana	<b>29</b> Blueberry Muffin, HB Egg, Apple	<b>30</b> Whole Wheat Bagel w/Cream Cheese, Orange
Grilled Cheese Sandwich, Tomato Soup, Banana	Carnitas Tacos, Pinto Beans, Brown Rice, Orange	Pasta w/Olive Oil & Garlic, Baby Carrots, Cottage Cheese, Apple	Veggie Burger on Whole Wheat Bun, Celery Sticks, Raisins	Union Hotel Cheese Pizza, Sautéed Spinach, Apple

**Cereal Choice & Alternative Fruit Choice available daily**

**From the Garden: Lettuce, Kale, Cilantro, Broccoli**

If you have any questions, please email [ajacobs@harmonyusd.org](mailto:ajacobs@harmonyusd.org)

All servings meet the government daily portion requirements • HUSD is an equal opportunity provider

**Amanda Jacobs, Head of Cafeteria & Nutrition Program**

*Produce harvested fresh from the garden are utilized in this month's menu*

*Menu is subject to change due to availability of items*